

# The Sustainable Way to use your PE & Sport Premium



## The Benefits of the Multi-Skills Zone & CPD Teacher Training

- ✓ Meet Ofsted requirements
- ✓ Achieve sustainable improvement in PE and Sport
- ✓ Provide ALL staff with training and resources to increase confidence, knowledge and skills in PE
- ✓ Improve Fundamental Movement Skills of every child
- ✓ Support and involve your least active children by running or extending school sports clubs, holiday clubs and active breaktimes
- ✓ Opportunity for 100% participation in competition for KS1 & KS2
- ✓ Use PE as a tool for whole school improvement
- ✓ Inter-school competition WITHOUT transport worries



Call: 01282 43 44 45  
or visit: [www.espplay.co.uk](http://www.espplay.co.uk)



## MULTI SKILLS LEVEL 1

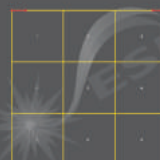
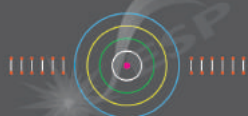
AFPE ACCREDITED - NATIONAL AWARD

### Who for?

Teachers / TA's /sports coaches /Welfare staff / any adult working with children during lessons / breaktimes / extra curricular physical activities.

### Why?

Develop confidence and competence in understanding and delivering multi-skills activities in the playground as part of the curriculum and extra curricular activities. Free resources online.



## PLAYGROUND BUDDIES

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### Who?

Year 5 & 6 pupils. The training is designed to provide older children with the skills and confidence to lead younger groups in a range of physical activities.

### Why?

It is ideal for encouraging leadership skills as well as promoting physical activity across the school. All pupils receive resource packs and certificate. Free resources online.



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